

MONDAY, OCTOBER 27, 2008 KEYNOTE SPEAKER

Dr. John J. Ratey, M.D., is an associate clinical professor of psychiatry at Harvard Medical School and has a private practice in Cambridge, Massachusetts.

For more than a decade he taught residents and Harvard medical students as the Assistant Director of Resident training at Massachusetts Mental Health Center. He continues to teach psychiatrists as a regular instructor in Harvard's Continuing Medical Education program.

As a clinical researcher he has published more than 60 papers in peer-review journals in the fields of psychiatry and psychopharmacology.

In 1986 he founded the Boston Center for the Study of Autism, and in 1988 he founded a new study group of the American Psychiatric Association focused on the study of aggression, which grew out of his research and development of novel drug treatments for aggressive behavior. During this time Dr. Ratey lectured internationally on aggression and disturbances in the brain that affect social functioning.

Dr. Ratey and Dr. Hallowell began studying ADHD in the 1980s and co-authored *Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood* (1994), the first in a series of books that demystify the disorder. Dr. Ratey also co-authored *Shadow Syndromes* (1997) with Catherine Johnson, PhD, in which he describes the phenomenon of milder forms of clinical disorders.

He most recently authored the bestselling book, *A User's Guide to the Brain: Perception, Attention and the Four Theaters of the Brain* (2000) which translates how neuroscience affects emotions, behavior and overall psychology.

Since 1998 Dr. Ratey has been selected each year as one of the best doctors in America by his peers. Most recently, Dr. Ratey was the recipient of the 2006 *Excellence in Advocacy award* from the non-profit group *PE4Life*, for his work to promote the adoption of regular, aerobic-based physical education.